

RACE SCHEDULE

Race Day Registration | 6:30 a.m. - 8:25 a.m

Kids 1/4 Mile Run | 8:00 a.m.

5K Run/Walk & 10K Run | 8:30 a.m.

5K Run/Walk & 10K Run
\$35 Aug. - Oct. 31
\$40 Nov. 1 - Race Day

Kids 1/4 Mile Run (9 yrs. & Under)
\$15 Aug. - Oct. 31
\$20 Nov. 1 - Race Day



Join us for the 12th Annual Run & Walk Against Hunger!

A Thanksgiving Morning tradition benefiting the Emergency Food Bank - San Joaquin County!

The Michael David Family Foundation 2016 Run & Walk Against Hunger is an annual event for the whole family and features a 5K run/walk, 10K run only, and a Kids 1/4 mile run.

The flat, fast out and back course starts in front of Banner Island Ballpark, home of the Stockton Ports, and takes participants through Stockton's Weber Point and Waterfront area. Walkers have their own scenic course along the Waterfront. Strollers and wheel chairs are welcome, but please line up behind the runners to help avoid any possible collisions.

Participants receive an official Michael David Family Foundation 2016 Run & Walk Against Hunger long-sleeved cotton shirt (requested shirt size not guaranteed) and have the option to upgrade to a long-sleeved technical shirt for an additional \$10. All participants receive a goodie bag that includes vouchers to cheer on local sports teams. All awards will be available at Fleet Feet Stockton on the Friday after Thanksgiving.

Take advantage of discounted fees during Early Bird registration starting in August & ending October 31st. Fees increase on November 1st. Register online, by mail, at Fleet Feet Stockton on November 21 - November 23, or on race day.

Online Registration available at <https://runandwalkagainsthunger2016.eventbrite.com>. *Service fees apply.

Early Packet Pick Up: Take advantage of early packet pick up at Fleet Feet Stockton (277 Lincoln Center), Mon., Nov. 21 - Weds., Nov. 23, from 10:00 a.m. until 6:00 p.m. Bring two non-perishable food items and receive 15% off your entire day's purchase at Fleet Feet Stockton!

Donations go to the Emergency Food Bank to help families in San Joaquin County.

Mail-In Registration Deadlines: To receive **Early Bird pricing**, forms must be **postmarked no later than Oct. 31, 2016, at 11:59pm.**

Tech shirt upgrades must be received by Nov. 10, 2016. All other mail-in forms must be received by Nov. 16, 2016, at 11:59pm.

One form per person - Please complete all questions & print clearly. Questions? Call (209) 464-7369 or email RAWAH@stocktonfoodbank.org.

Mail completed form(s) & payment to: Emergency Food Bank, P.O. Box 2241, Stockton, CA 95201-2241

LAST NAME _____ FIRST NAME _____ AGE (on 11/24/16) _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

EMAIL _____ PHONE () _____

GENDER: M F **LONG-SLEEVED COTTON SHIRT SIZE:** Youth S Youth M Adult S Adult M Adult L Adult XL Adult XXL (Add \$5)

Choose event and total fees:

<input type="checkbox"/> 5K Run/Walk:	\$35 \$40 starting Nov. 1	\$ _____
<input type="checkbox"/> 10K Run:	\$35 \$40 starting Nov. 1	\$ _____
<input type="checkbox"/> Kids 1/4 Run (9 & under only):	\$15 \$20 starting Nov. 1	\$ _____

Optional Items:

<input type="checkbox"/> Adult XXL long-sleeved cotton shirt	add \$5	\$ _____
<input type="checkbox"/> Upgrade to Tech Shirt (available in S-XL only):	add \$10	\$ _____

(**Tech shirt upgrade entry forms must be received at EFB by 11/10/2016**)

<input type="checkbox"/> Additional donation to Emergency Food Bank	\$ _____
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Make checks payable to Emergency Food Bank or "EFB" **Total:** \$ _____

Waiver: In consideration of this entry application, I hereby, intending to be legally bound for myself, my heirs, executors and administrators, waive and release any and all rights and claims or damages I may accrue against the persons or organizations affiliated with this event (including the Emergency Food Bank, Fleet Feet Sports Stockton, On Your Mark Events, Stockton Ports, City of Stockton and any and all sponsors) for any and all injuries that may be suffered by me at or en route to or from the event. I attest that I am physically fit and sufficiently trained for this event. Attendance at the event is consent to be recorded/photographed. As part of the waiver, I acknowledge that I have read and understand all of the above.

Signature of participant (or parent/legal guardian if participant is under 18 years old)

Date

Official Use Only BIB #
